



# 'LEGO® BRICKS LETS ME SEE'



● My name is **WILL REED**, and I live in California. I'm a board game designer, a regular contributing writer for *The Brick Blogger*, and a house husband. I'm also legally blind. I like to be both playful and creative in life, which is why LEGO® sets play such a big role in my life. Here's why I love building with bricks – and why I think you may like it too.



## LEGO BRICKS LET ME SEE

I'm legally blind, and I don't experience the world like everybody else. Building a LEGO set puts the world di-

rectly in my hands and lets me experience it. I was building the LEGO Architecture Statue of Liberty with my wife, and as we were finishing the statue, I said to her: "I didn't know the statue's right leg was back." For my wife it was an obvious fact, but it was my first time actually "seeing" the Statue of Liberty. Building with LEGO bricks is a way of giving myself eyes.

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## FINDING YOUR FLOW WITH BRICKS

Building LEGO sets is a fantastic way to relax. When I'm building a set and I'm really engaged and vibing, in more than one occasion my wife has woken up to start her day and found me building away, and I'd be like "Oh, you're up! Trouble sleeping?" I've just built the night away without noticing!

I pour out all those things that have been building up and stressing me out, and those ideas I've been holding in my head, and it's like a cathartic moment where I leave all that out, and then I have something really pretty to look at when

I'm done. And then I can sleep peacefully, because all that stuff is out of my head, and on the building table.

## PICKING THE PERFECT SET

If I'm looking for an intense learning experience, I usually go for the LEGO Technic line. If I want something overall engaging, the 18+ range – LEGO Creator Expert vehicles, modu-

lar buildings... I absolutely love the fairground sets. This Adults range is also great for unwinding and relaxing. The busts, the LEGO Art sets, the botanical sets... they all have a really chill vibe. I expected the Mickey and Minnie Mouse set to be a crazy building experience, but I have never been so relaxed!

## A FUN WAY TO KEEP LEARNING

Building has been a way to continue learning as an adult – for example, I'd heard about flywheels, and I could imagine them conceptually, but I didn't understand their practical use until I built the haunted house set.

As a kid, I wasn't really looking to learn something through bricks. But now I'm a grown-up, I do. I want to know how things work, but I don't want to sit in a classroom – I want some hands-on, fun experience. And I end up learning while building.

## MY ADVICE TO BUILDING NEWBIES

Build what you like! Is it plants? Look at the Botanicals. If you like cars, you're spoilt for choice. Also, don't pay attention to the age markings on the box. Every set is easy and accessible. And sort out the pieces at the start and set them out like they're art supplies. It'll save you time and you won't get frustrated hunting for a specific element. That's all there is to it. HAPPY BUILDING!

Find out more about LEGO® sets at [LEGO.com/adults](https://LEGO.com/adults)

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